

Imagine... Total well-being for your spouse

Your spouse — if enrolled in a CHI medical plan — has access to the Wellness Program and incentives, too. All you have to do is send an invitation for your spouse to join.

Get Started

Go to the *well-being* pages found on InsideCHI.

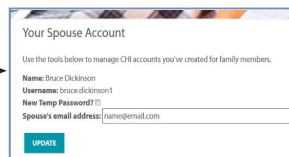
Click on the “**Register Spouse**” icon.

The system will generate a username and temporary password for your spouse.

Enter your spouse’s email address and an invitation with login information will be sent to your spouse.

If you don’t enter your spouse’s email address, write down the username and temporary password instead.

Click “**Create Account**,” then click “**Close**.”



Two Ways to Sign Up

Your spouse can sign up one of two ways:

- 1 Click on “**Log In**” in the email invitation.
- 2 Go to home.catholichealth.net and click on the “**Spouse Login**” tab at the top of the page.

Either way, your spouse will enter the system-generated username and temporary password to log in on the Password page of the *well-being* pages, then:

1. Enter date of birth.
2. Select and answer three security questions.
3. Create a new password.
4. Click “**Save**”.

Note: Your spouse will have two weeks to create a new password or you will have to register your spouse again.

That’s all there is to it! Now your spouse can benefit from everything that the Wellness Program has to offer.

Forgot Password?

Your spouse can follow these steps to reset the password.

Go to home.catholichealth.net and click on the “**Spouse Login**” tab at the top of the page. Under “**Trouble logging in**,” click the link.


On the Reset Password page, enter:

1. Username or email address.
2. Date of birth.

Click “**Next**.”

Enter the answers to the security questions. This will allow your spouse to create a new password and return to the “**Spouse Login**” tab on the *well-being* pages of InsideCHI.

If your spouse doesn’t remember the answers to the security questions, follow these steps:

1. Log in to your employee account on the *well-being* pages of InsideCHI. Locate the “**Register Spouse**” icon. 
2. Click the “**View**” button.
3. Check the “**New Temp Password**” box.
4. Click “**Update**,” then click “**Close**.”

An email invitation will be sent to both you and your spouse.

Log out of your account, have your spouse complete the information on the Password page again.



Make sure your spouse writes down the security question answers and new password for future use.